Circle Time							
(with class teacher)	SUPER ME!  PSED  Develop their sense of responsibility and membership of a community Find solutions to conflicts & rivalries Increasingly follow rules, understanding why they are important Understand gradually how others may be feeling  SELF REGULATION Identify and moderate their own feelings socially and emotionally. Class rules Community  BUILDING RELATIONSHIPS Express their feelings and consider the feelings of others.  MANAGING SELF See themselves as a valuable individual. Healthy Eating  Fire safety – link to fire brigade  Stranger danger – link to Halloween  UNDERSTANDING THE WORLD Recognising similarities & differences celebrations  Black History Month Heroes Princess K Martin Luther King Nelson Mandela Katherine Johnson Stormzy	keeping safe how rules can help to keep us safe • about examples of rules in different situations, e.g. class rules, rules at home, rules outside • why some things have age restrictions, e.g. TV and film, games, toys or play areas  RESPECTING OURSELVES & OTHERS • what kind and unkind behaviour mean in and out school • how kind and unkind behaviour can make people feel • about class rules, being polite to others, sharing and taking turns	SAFE RELATIONSHIPS  Managing secrets; resisting pressure and getting help & recognising hurtful behaviour  •how to recognise hurtful behaviour, including online  •what to do and whom to tell if they see or experience hurtful behaviour, including online  •about what bullying is and different types of bullying	SAFE RELATIONSHIPS Personal boundaries; safely responding to others & the impact of hurtful behaviour • that bullying and hurtful behaviour is unacceptable in any situation • about the effects and consequences of bullying for the people involved • about bullying online, and the similarities and differences to face-to- face bullying • what to do and whom to tell if they see or experience bullying or hurtful behaviour  Growing & Changing Personal strengths and achievements; managing and reframing setbacks • that everyone is an individual and has unique and valuable contributions to make • to recognise how strengths and interests form part of a person's identity	SAFE RELATIONSHIPS Responding to hurtful behaviour & managing confidentiality  • to differentiate between playful teasing, hurtful behaviour and bullying, including online  • how to respond if they witness or experience hurtful behaviour or bullying, including online	SAFE RELATIONSHIPS Physical contact and feeling safe • to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations • how to ask for, give and not give permission for physical contact	SAFE RELATIONSHIPS Recognising and managing pressure & consent in different situations  •to compare the features of a healthy and unhealthy friendship  •about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong  Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues  •about the link between values and behaviour and how to be a positive role model  •how to discuss issues respectfully •how to listen to and respect other points of view •how to constructively challenge points of view they disagree with  Physical health and Mental wellbeing What affects mental health and ways to take care of it •that mental health is just as important as physical health and that both need looking after  •to recognise that anyone can be affected by mental ill-health and that difficulties can be resolved with help and support •how negative experiences such as being bullied or feeling lonely can affect mental wellbeing
	PANTS campaign — NSPCC Talk and stay safe		Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk/	Resources CEOP - https://www.thinkuknow.co.uk/



# CYCLE B

text (Bu	ed class	WORRYSAURUS  WORRYSAURUS  WORRYSAURUS  WORRYSAURUS  WORRYSAURUS  SELENDER  S	PROUDEST BLUE  TRUEY LUDWIG  TRUE LUDWIG  TR	THE COUCH POTATO  THE COUCH POTATO  KINDEST RED  WITH THE COUCH POTATO  FILL LAST  TWO PLACES  TO CALL HOME	Heather Has Two Mummies  FARUO  WILLIAM  THE THAN TWO MUMMIES  TWO MUMMIES  THE THAN TWO MUMIES  THE THAN TWO MUMIES  THE THAN TWO MUMMIES  THE THAN TWO MUMIES  THE THAN TWO MU	BOS TONG THE STAND TONG  RICHARD THE STAND THE STA	Lenny Henry With wings  FARLHER  FARLHER  TO SERVICE OF THE BOY WITH WINGS  TO SERVICE OF THE BOY WITH WINDS  TO SERVICE OF THE BOY WITH WINDS	ESTABLE STATE OF THE BIRD IN ME FLIES  BACK DOLL  BRIANNIN DEAN  RAINBOW  BRIANCE  B
	me – ntified	History Link – significant figures Malala Yousafzai, Wilma	History Link - Roles of different people & families				Protecting the environment; compassion towards others	
link		Rudolph, Michelle & Barak Obama,	•about people who care for them, e.g. parents, siblings, grandparents,					
		Marcus Rashford, Tom Moore, Mary Seacole & Florence	relatives, friends, teachers				Wangari Maathai	
		Nightingale	•the role these different people play in children's lives and how they care for					
			them					
DT			PHYSICAL HEALTH and MENTAL WELLBEING					
			Keeping Healthy, Hygiene Routines  •what it means to be healthy and why it is important					
			•ways to take care of themselves on a daily basis					
			about basic hygiene routines, e.g. hand washing     about people who can help them to stay healthy, such as parents, doctors,					
			nurses, dentists, lunch supervisors					
			LOOKING AFTER THE COMMUNITY					
			• that different people have different need					
			<ul> <li>how we care for people, animals and oth</li> <li>how they can look after the environment</li> </ul>					
ICT			Using the internet and digital devices & Communicating online	Recognising risks online  •how to recognise hurtful	Recognising risks online  •What is appropriate to share with	Recognising risks online  •to differentiate between playful teasing,	Recognising risks online •how to respond if they witness or	Recognising risks online •strategies to respond to pressure from
			•the ways in which people can access the internet e.g. phones, tablets,	behaviour, including online	friends, classmates, family and wider social groups online	hurtful behaviour and bullying online •how to respond if they witness or	experience hurtful behaviour or bullying online	friends including online •how to assess the risk of different
			computers  •to recognise the purpose and value of	The internet in everyday life; online content and information	about what privacy and personal boundaries are online	experience hurtful behaviour or bullying online	How information online is targeted; different media types, their role and	online 'challenges' and 'dares'
			the internet in everyday life	<ul> <li>the ways in which people can access the internet e.g. phones,</li> </ul>	basic strategies to help keep	How data is shared and used	impact	how to get advice and report concerns about personal safety, including online
			•to recognise that some content on the internet is factual and some is for	tablets, computers •to recognise the purpose and	themselves safe online e.g. passwords, using trusted sites and	that everything shared online has a digital footprint	•to identify different types of media and their different purposes e.g. to entertain,	Evaluating media sources; sharing things online
			entertainment e.g. news, games, videos •that information online might not	value of the internet in everyday life	adult supervision  How the internet is used & assessing	•that organisations can use personal information to encourage people to buy	inform, persuade or advertise •basic strategies to assess whether	•to identify different types of media and their different purposes e.g. to entertain,
			always be true	•to recognise that some content on the internet is factual and some is	information online •how the internet can be used	things •to recognise what online adverts look	content online (e.g. research, news, reviews, blogs) is based on fact, opinion,	inform, persuade or advertise  • basic strategies to assess whether
				for entertainment e.g. news, games, videos	positively for leisure, for school and for work	like •to compare content shared for factual	or is biased •that some media and online content	content online (e.g. research, news, reviews, blogs) is based on fact, opinion,
				that information online might not always be true	•to recognise that images and information online can be altered or	purposes and for advertising  •why people might choose to buy or not	promote stereotypes •how to assess which search results are	or is biased  •that some media and online content
				aiways be tide	adapted and the reasons for why this happens	buy something online e.g. from seeing an advert	more reliable than others  •to recognise unsafe or suspicious	promote stereotypes
					•strategies to recognise whether	•that search results are ordered based on	content online	how to assess which search results are more reliable than others
					something they see online is true or accurate	the popularity of the website and that this can affect what information people access	•how devices store and share information	•to recognise unsafe or suspicious content online
								•how devices store and share information

*To undecommune support *To undecother live *To know other live *To know other live *To know *To know other live *To know *To kno		PSHE objectives Looking after the community; looking after the environment  *To understand that they are part of the school community  *To know about people whose job it is to help us in the community. (Focusing on BVC community - teachers, support staff, cleaners, kitchen staff, first aiders,  *To understand how we care for people, animals and other living things in different ways.  *To know how they can look after the environment e.g. reduce, reuse and recycle		Year 3 & 4  PSHE objectives What makes a community; shared responsibilities  *To be able to identify other communities, as well as the school community, that they belong to. (For example: Cubs, Guides, Equestrian, Dance, Football etc.)  *To understand the meaning and the benefits of living in a community.  *To know about the different groups that make up and contribute to a community.  *To understand how small actions can positively impact on others.		PSHE objectives What makes a community; shared responsibilities;  *To know about the individuals and groups that help the local community, including through volunteering and work.  *To understand how to show compassion towards others in need and the shared responsibly for caring for them.  *To understand the difference between needs and rights.  *To be able to recognise different communities beyond their personal experience and locality. (For example: Armed Forces, religious communities, ethnic minority communities, LGBT etc.)  *To know that human rights are based on a number of core	
RE – identified links  SCIENCE – identified links		Physical health and Mental		appropriate for their age-group  • to make safe, reliable choices from search results  • how to report something seen or experienced online that concerns them e.g. images or content that worry them, unkind or inappropriate communication.  Recognising respectful behaviour The importance of self-respect, courtesy and being polite  • to recognise respectful behaviours e.g. helping or including others, being responsible  • how to model respectful behaviour in different situations e.g. at home, at school, online  • the importance of self-respect and their right to be treated respectfully by others  • what it means to treat others, and be treated, politely • the ways in which people show respect and courtesy in different cultures and in wider society  who will be a community and benefits of living in a community • to recognise that they belong to different communities as well as the school community • about the different groups that help the local community • about the individuals and groups that help the local community • how to show compassion towards others in need and the shared responsibilities of caring for them			

	Community – Litter Detectives  To understand the impact of littering on the community, including the natural environment.  To know that a volunteer is someone who works for an organisation without being paid.  To be able to collect and analyse data based on littering.  To be able to interpret simple maps.  To be able to sort materials.	Enterprise – Brighten up Burwell To know that an organisation works for the greater good and has a shared common purpose To know a sponsor is a person or organisation that pays or contributes to the costs involved in completing an event in exchange for advertising. (The Friends, local garden centre.) To know a good or product is an object made by an organisation or business. To know that costs are anything a business or organisation spends to make the goods or products. To know which plants are suitable, and therefore available, depending on the season. To be able to create an organisation logo. To be able to create concise publicity. E.g. group dojo message, BVC newsletter, Burwell parish magazine (see Karen), display in local businesses	Community - Compassionate Citizens  To understand the purpose of a care setting/respite and the service which they provide. (Human Rights)  To understand how volunteering can support future employment prospects.  To be able to collect, represent and analyse data based on participants' interests.  To be able to provide a service (entertainment) based on the participants' interests.
	Final Outcome Support the local commnity and environment by collecting litter in and around the school grounds.	Final Outcome Planting to take place within the village, planters to be distributed in the community or given to identified people (nursery, library etc.)	Final Outcome Visit Burwell & District Day Cantre or invite a group from the centre into school.
CULTURAL CAPITAL (CYCLE B) Global Issues & Cultural Understanding	Year 1 & 2	Year 3 & 4	Year 5 & 6
	PSHE objectives Keeping Safe: safety in different environments; risk and safety at home and emergencies  *To be able to recognise risk in everyday situation e.g. road, water and rail safety, medicines  *To know how to help keep themselves in familiar and unfamiliar environments, such as school, online and 'out and about.'  *To be able to identify potential unsafe situations, who is responsible for keeping them safe in these situations and steps they can take to avoid or remove themselves from danger.	PSHE objectives Respecting Ourselves and Others: Respecting difference and similarities; discussing difference sensitively  *To be able to recognise difference between people such as gender, race, faith  *To be able to recognise that they have in common with others e.g. shared values, like and dislikes, aspirations  *To know about the importance of respecting the differences and similarities between people.  *To understand how to use vocabulary to sensitively discuss difference and include everyone.	PSHE objectives Belonging to a Community: Valuing diversity; challenging discriminations and stereotypes  *To know strategies to safely respond to and challenge discrimination.  *To know how to recognise stereotypes in different contexts and the influence they have on attitudes and understanding of different groups.  *To know how stereotypes are perpetuated and how to challenge this.

	Cultural Understanding – Keeping ourselves Safe	Cultural Understanding – Changing Societies & British	Cultural Understanding – Britain as a multi-cultural nation
	To be able to recognise risk in everyday situations, e.g.	Values	
	road, water and rail safety,	To understand how Britain has changed over time	To be able to compare and contrast Britain to other countries
	medicines	To be able to identify and explain British values	around the world
	To know how to help keep themselves safe in familiar	To know why Britain is a democracy and what this means	To understand the history of Britain as a multicultural society
	and unfamiliar environments, such as in school, online	(rights and responsibilities as a British citizen)	including key people and events (revisit Windrush, Enoch
	and 'out and about'	To understand the history of Britain as a democracy	Powell's speech, The Smethwick election, 1965 race relations
	To be able to identify potential unsafe situations, who is	To understand how laws are created and changed over time.	act).
	responsible for keeping them safe in these situations, and	(Mobile phone use in cars, seatbelts, discrimination laws and	To be able to recognise the impact of multiculturalism on
	steps they can take to avoid or remove themselves from	the right for women to vote in 1918 & 1928)	British popular culture; music, art, drama, fashion, TV & film
	danger	To be able to recognise similarities and differences in each	To know about key figures in today's Britain and how they
	To know about things that people can put into their body	other and wider society (respect for others beliefs and	reflect a multicultural state; Rishi Sunak, Humza Yusef, Sadiq
	or onto their skin (e.g. medicines and creams) and how	tolerance of different views)	Khan, Naomi Campbell, Marcus Rashford, Alex Scotts, Sir
	these can affect how people feel	,	Trevor MacDonald, Amy Winehouse, Sir Alan Sugar, Sir Richard
	To know how to help keep themselves safe at home in		Branson, James, Dyson, Baroness Warsi, Baroness Brady,
	relation to electrical appliances, fire safety and		Jessica Ennis-Hill, Nadiya Hussain, Mishal Husain
	medicines/household products		To be able to recognise the dangers of monoculturalism
	To know how to respond if there is an accident and		To know key events that developed Britain as a multicultural
	someone is hurt		
			society in particular the Windrush, Queen Victoria as Empress
	To understand whose job it is to keep us safe and how to		of India and the impact of Abdul Karim and Duleep Singh,
	get help in an emergency, including how to dial 999 and		impact of migration following WWII,
	what to say		To understand the effects of the British Empire.
	Final Outcome	Final Outcome	Final Outcome
	Set up scenarios for children to make the right choices. Interview someone who keeps them safe.	Hold a debate over a controversial new law (demonstrating how to respect opinions, respect for the final verdict on the law, include a final vote on the new law)	Write a biography about a famous Briton focussing on how their Britishness and their ethnicity shaped their influence.
CULTURAL CAPITAL (CYCLE B)	Year 1 & 2	V 2 9 4	
(CYCLE B)	Year 1 & 2	Year 3 & 4	Year 5 & 6
	Year 1 & 2	Year 3 & 4	Year 5 & 6
(CYCLE B)	Year 1 & 2	Year 3 & 4	Year 5 & 6
(CYCLE B)			
(CYCLE B)	PSHE objectives	PSHE objectives	PSHE objectives
(CYCLE B)			PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks	PSHE objectives Respecting Ourselves and Others: Expressing opinions and
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks *To understand that everyone is an individual and has	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different groups and situation	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks *To understand that everyone is an individual and has unique and valuable contributions to make	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues  *To be able to listen and respect other points of view.
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different groups and situation *To be able to share their ideas and listen to others,	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks  *To understand that everyone is an individual and has unique and valuable contributions to make  *To know basic strategies to manage and reframe setbacks	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues  *To be able to listen and respect other points of view.  *To be able to constructively challenge points of view they
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different groups and situation	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks *To understand that everyone is an individual and has unique and valuable contributions to make	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues  *To be able to listen and respect other points of view.
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different groups and situation *To be able to share their ideas and listen to others,	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks  *To understand that everyone is an individual and has unique and valuable contributions to make  *To know basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues  *To be able to listen and respect other points of view.  *To be able to constructively challenge points of view they
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different groups and situation  *To be able to share their ideas and listen to others, take part in discussions, and give reasons for their views	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks  *To understand that everyone is an individual and has unique and valuable contributions to make  *To know basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues  *To be able to listen and respect other points of view.  *To be able to constructively challenge points of view they
(CYCLE B)	PSHE objectives Respecting Ourselves and Others: Playing and Working Co-operatively & Sharing Opinions  *To be able to play and work cooperatively in different groups and situation  *To be able to share their ideas and listen to others, take part in discussions, and give reasons for their views  Using the Internet and Digital Devices	PSHE objectives Growing and Changing; Personal Strength and Achievements; Managing and Re-framing Setbacks  *To understand that everyone is an individual and has unique and valuable contributions to make  *To know basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a	PSHE objectives Respecting Ourselves and Others: Expressing opinions and respecting other points of view, including discussing topical issues  *To be able to listen and respect other points of view.  *To be able to constructively challenge points of view they

		*To be able to recognise the purpose and value of the internet in everyday life  *To know that information online might not always be true		How data is stored and used *To know a range of strateg	ies to recognise whether s true or accurate to make safe, results s are ordered based on the	Media literacy and Digital Resilience: How information online is targeted; different media types, their role and impact  *To be able to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise.  *To know that some media and online content promote stereotypes.  *To know how devices store and share information.  *To understand how to assess which search results are more reliable than others.  *To be able to use basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased.		
		Digital Media - ICT Foundations 2 — Photography To know that there are many devices that can take photographs To be able to take a photograph on an iPad To be able to take a photograph on a digital camera To understand that photographs can be portrait or landscape and make choices about which to use To be able to explain how to take a good photo To be able to retake a photo to improve it To be able to experiment with different light sources light levels To be able to identify why a photo may be unclear To understand that photos can be edited To be able to use basic editing tools to achieve a desi effect To be able to explain their actions		To be able to plan for the tar colours, vocabulary, images level To be able to plan and write To be able to create a title prinformation pages in BookCr To be able to plan and seque create a logical sequence of To be able to use hyperlinks ebook To be able to test, evaluate a accordingly To be able to add images and To know about the different	eme and purpose for my eBook get audience, thinking about and target audience knowledge information for my eBook age, contents page and eator ence pages in Book creator to information. It o create interactivity in my and improve my eBook divideos to an eBook purposes of eBooks aluate the features and overall	Digital Media – Editing 2 – Photo Editing  To be able to decide on the context and purpose of a project  To be able to plan a series of images for a cartoon  To be able to plan for the target audience, thinking about		
		Final Outcome Instructional photo sequence	2	Final Outcome Interactive eBook linked to	a previous topic	Final Outcome Cartoon strip of composite in	nages	
School Visits	Burwell library  War memorial in Burwell  South Angle Farm	Burwell Village Fieldwork  St Mary's church  Wicken Fen	Burwell Windmill & museum  Cambridge City Tour including Cambridge University Botanic	Flag Fen  Virtual lesson on Cresswell  Crags  Triveni Mandir (virtual tour	The British Museum (London) including landmark tour  STEM afternoon  Trainee Forester (High Lodge)	Cambridge Arts Theatre & Kettles Yard Gallery  Leicester National Space Centre	STEM trip – Soham Village College Devil's Dyke & Burwell Castle– Geography fieldwork	
		Evacuee theme day	Gardens  Colchester Zoo	of the temple)  Ely Cathedral & surrounding area – Geography field trip	aince rorester (riigii Louge)	Ancient Greek Workshop	Virtual lesson on Evolution  PGL residential – Caythorpe Court – Lincolnshire	

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			West Stow Anglo-Saxon Village
			Cambridge Central Mosque followed by end-of-year celebration (i.e cinema, bowling etc.)

SPRING	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Circle Time (with class teacher)	DREAM BIG! & Great Growing  SELF REGULATION Identify and moderate their own feelings socially and emotionally.  BUILDING RELATIONSHIPS Think about the perspectives of others.  MANAGING SELF Manage their own needs. Show resilience and perseverance in the face of challenge.  AESOPS FABLES Tom Percival books	SAFE RELATIONSHIPS Recognising Privacy, Staying Safe & Seeking Permission • about situations when someone's body or feelings might be hurt and whom to go to for help • about what it means to keep something private, including parts of the body that are private  What makes them unique and special; feelings; managing when things go wrong	SAFE RELATIONSHIPS Managing secrets; resisting pressure and getting help & recognising hurtful behaviour  •how someone may feel if they are being bullied  •about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help  •how to resist pressure to do something that feels uncomfortable or unsafe  •how to ask for help if they feel unsafe or worried and what vocabulary to use	SAFE RELATIONSHIPS Personal boundaries; safely responding to others & the impact of hurtful behaviour  • What is appropriate to share with friends, classmates, family and wider social groups including online  • about what privacy and personal boundaries are, including online  • that bullying and hurtful behaviour is unacceptable in any situation  • about the effects and consequences of bullying for the people involved  • about bullying online, and the similarities and differences to face-to-face bullying  • what to do and whom to tell if they see or experience bullying or hurtful behaviour  Growing & Changing Personal strengths and achievements; managing and reframing setbacks  • how to identify their own personal strengths and interests and what they're proud of (in school, out of school)	SAFE RELATIONSHIPS Responding to hurtful behaviour & managing confidentiality •recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable •how to manage pressures associated with dares •when it is right to keep or break a confidence or share a secret	SAFE RELATIONSHIPS Physical contact and feeling safe • how it feels in a person's mind and body when they are uncomfortable • that it is never someone's fault if they have experienced unacceptable contact • how to respond to unwanted or unacceptable physical contact • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact	SAFE RELATIONSHIPS Recognising and managing pressure & consent in different situations •to compare the features of a healthy and unhealthy friendship •strategies to respond to pressure from friends including online •how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable •about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong  Belonging to a community Valuing diversity; challenging discrimination and stereotypes •strategies to safely respond to and challenge discrimination •how to recognise stereotypes in different contexts and the influence they have on attitudes and understanding of different groups •how stereotypes are perpetuated and how to challenge this
	A story about consent Always remember your body belongs to you	Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk/	Resources CEOP - https://www.thinkuknow.co.uk/
Zones of Regulation	THE COLUMN TERMS	ZONES OF REGULATION  TO THE STATE OF THE STA	ZONS OF PEGULATION  TO THE PERUSATION  TO THE PERUS			How can you help yourself?	How can you help yourself?    Same   Same
THEME – identified links		GEOGRAPHY link - about how different strengths and interests are needed to do different jobs				History Link - Responding respectfully to a wide range of	

	•about people whose job it is to help us in the community •about different jobs and the work people do				people; recognising prejudice and discrimination Katherine Johnson • about the link between values and behaviour and how to be a positive role model • how to discuss issues respectfully • how to listen to and respect other points of view • how to constructively challenge points of view they disagree with • ways to participate effectively in discussions online and manage conflict or disagreements	
ICT	Using the internet and digital devices & Communicating online  • the ways in which people can access the internet e.g. phones, tablets, computers  • to recognise the purpose and value of the internet in everyday life  • to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos  • that information online might not always be true	Recognising risks online  •how to recognise hurtful behaviour, including online  The internet in everyday life; online content and information  •the ways in which people can access the internet e.g. phones, tablets, computers  •to recognise the purpose and value of the internet in everyday life  •to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos  •that information online might not always be true	Recognising risks online  What is appropriate to share with friends, classmates, family and wider social groups online  about what privacy and personal boundaries are online  basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision  How the internet is used & assessing information online  how the internet can be used positively for leisure, for school and for work  to recognise that images and information online can be altered or adapted and the reasons for why this happens  strategies to recognise whether something they see online is true or accurate  to evaluate whether a game is suitable to play or a website is appropriate for their age-group  to make safe, reliable choices from search results  how to report something seen or experienced online that concerns them e.g. images or content that worry them, unkind or inappropriate communication	Recognising risks online  to differentiate between playful teasing, hurtful behaviour and bullying online  how to respond if they witness or experience hurtful behaviour or bullying online  How data is shared and used  that everything shared online has a digital footprint  that organisations can use personal information to encourage people to buy things  to recognise what online adverts look like  to compare content shared for factual purposes and for advertising  why people might choose to buy or not buy something online e.g. from seeing an advert  that search results are ordered based on the popularity of the website and that this can affect what information people access	Recognising risks online  •how to respond if they witness or experience hurtful behaviour or bullying online	Recognising risks online  •strategies to respond to pressure from friends including online  •how to assess the risk of different online 'challenges' and 'dares'  •how to get advice and report concerns about personal safety, including online  Evaluating media sources; sharing things online  •to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise  •basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased  •that some media and online content promote stereotypes  •how to assess which search results are more reliable than others  •about sharing things online, including rules and laws relating to this  •how to recognise what is appropriate to share online  •how to report inappropriate online content or contact  •to recognise unsafe or suspicious content online  •how devices store and share information
RE – identified links			What makes a family; features of family life  • to recognise and respect that there are different types of families, including single parents, same-sex parents, stepparents, blended families, foster and adoptive parents  • that being part of a family provides support, stability and love  • about the positive aspects of being part of a family, such as spending time together and caring for each other  • about the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty  • to identify if/when something in a family might make someone upset or worried			

			what to do and whom to tell if family     relationships are making them feel     unhappy or     unsafe
SCIENCE – identified links	Healthy Eating Sleep routines Tooth brushing Screen time	Physical health and Mental wellbeing Food & Exercise  •about healthy and unhealthy foods, including sugar intake •about physical activity and how it keeps people healthy •about different types of play, including balancing indoor, outdoor and screen-based play	

SUMMER	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Circle Time (with class teacher)	OUR WONDERFUL WORLD ELG – SELF REGULATION Shows an understanding of his/her own feelings and those of others, and is beginning to regulate his/her behaviour accordingly  Can set and work towards simple goals, is able to wait for what he/she wants and control his/her immediate impulses when appropriate  ELG – BUILDING RELATIONSHIPS Shows sensitivity to his/her own and to others' needs  Show sensitivity to their own and to others' needs.  ELG – MANAGING SELF Can explain the reasons for rules, knows tries to behave accordingly Is confident to try new activities and shows independence, resilience and perseverance in the face of challenge  Staying safe over the summer  Show sensitivity to their own and to others' needs  Work and play cooperatively and take turns with others (turn taking)  PRIDE MONTH	SAFE RELATIONSHIPS Recognising Privacy, Staying Safe & Seeking Permission • to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches) • how to respond if being touched makes them feel uncomfortable or unsafe • when it is important to ask for permission to touch others • how to ask for and give/not give permission  Sun Safety • how to keep safe in the sun	SAFE RELATIONSHIPS  Managing secrets; resisting pressure and getting help & recognisinghurtful behaviour  •how to resist pressure to do something that feels uncomfortable or unsafe  •how to ask for help if they feel unsafe or worried and what vocabulary to use	SAFE RELATIONSHIPS Personal boundaries; safely responding to others & the impact of hurtful behaviour • about bullying online, and the similarities and differences to face- to-face bullying • what to do and whom to tell if they see or experience bullying or hurtful behaviour  Growing & Changing Personal strengths and achievements; managing and reframing setbacks • to recognise common challenges to self -worth e.g. finding school work difficult, friendship issues • basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a setback, remembering what they are good at, trying again Personal boundaries; safely responding to others	SAFE RELATIONSHIPS Responding to hurtful behaviour & managing confidentiality •how to recognise risks online such as harmful content or contact •how people may behave differently online including pretending to be someone they are not •how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online	SAFE RELATIONSHIPS Physical contact and feeling safe • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact	SAFE RELATIONSHIPS Recognising and managing pressure & consent in different situations •how to get advice and report concerns about personal safety, including online •what consent means and how to seek and give/not give permission in different situations  Families and friendships Attraction to others; romantic relationships; civil partnership and marriage •what it means to be attracted to someone and different kinds of loving relationships •that people who love each other can be of any gender, ethnicity or faith •the difference between gender identity and sexual orientation an everyone's right to be loved •about the qualities of healthy relationships that help individuals flourish



## CYCLE B

	PANTS WILLS	Resources NSPCC Pants -	I I	Resources CEOP -	Resources CEOP -	Resources CEOP -	Resources CEOP -
	PANTS song – NSPCC Pantasaurus book	https://www.nspcc.org.uk/keeping- children-safe	https://www.nspcc.org.uk/keeping- children-safe	https://www.thinkuknow.co.uk	https://www.thinkuknow.co.uk	https://www.thinkuknow.co.uk/	https://www.thinkuknow.co.uk/
THEME – identified links						1950's – 1980's – Women in the work place	India
						Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Valuing diversity; challenging discrimination and stereotypes  •what prejudice means •to differentiate between prejudice and discrimination •how to recognise acts of discriminatios
DT		PHYSICAL HEALTH and MENTAL WEL Keeping Healthy, Hygiene Routines & •what it means to be healthy and wh •ways to take care of themselves on •about basic hygiene routines, e.g. ha •about people who can help them to doctors, nurses, dentists, lunch supervisors •how to keep safe in the sun	& Sun Safety y it is important a daily basis and washing				
ICT		Using the internet and digital devices & Communicating online • the ways in which people can access the internet e.g. phones, tablets, computers • to recognise the purpose and value of the internet in everyday life • to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos • that information online might not always be true	Recognising risks online  •how to recognise hurtful behaviour, including online  The internet in everyday life; online content and information  •the ways in which people can access the internet e.g. phones, tablets, computers  •to recognise the purpose and value of the internet in everyday life  •to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos  •that information online might not always be true	Recognising risks online  What is appropriate to share with friends, classmates, family and wider social groups online  about what privacy and personal boundaries are online  basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision  How the internet is used & assessing information online  how the internet can be used positively for leisure, for school and for work  to recognise that images and information online can be altered or adapted and the reasons for why this happens  strategies to recognise whether something they see online is true or accurate  to evaluate whether a game is suitable to play or a website is appropriate for their age-group  to make safe, reliable choices from search results  how to report something seen or experienced online that concerns them e.g. images or content that worry them, unkind or inappropriate communication	Recognising risks online  to differentiate between playful teasing, hurtful behaviour and bullying online  how to respond if they witness or experience hurtful behaviour or bullying online  How data is shared and used  that everything shared online has a digital footprint  that organisations can use personal information to encourage people to buy things  to recognise what online adverts look like  to compare content shared for factual purposes and for advertising  why people might choose to buy or not buy something online e.g. from seeing an advert  that search results are ordered based on the popularity of the website and that this can affect what information people access	Recognising risks online  •how to respond if they witness or experience hurtful behaviour or bullying online  How information online is targeted; different media types, their role and impact  •to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise  •basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased  •that some media and online content promote stereotypes  •how to assess which search results are more reliable than others  •to recognise unsafe or suspicious content online  •how devices store and share information	Recognising risks online  •strategies to respond to pressure from friends including online  •how to assess the risk of different online 'challenges' and 'dares'  •how to get advice and report concerns about personal safety, including online  Evaluating media sources; sharing things online  •to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise  •basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased  •that some media and online content promote stereotypes  •how to assess which search results are more reliable than others  •to recognise unsafe or suspicious content online  •how devices store and share information
RE				Does God want Christians to look after the world? What rules are: caring for other's needs; looking after the environment			



SCIENCE _ identified links					1		
SCIENCE – identified links	SEASONS	Physical health and Mental					Keeping safe
	Global warming – looking after our	wellbeing					Keeping personal information
	planet	Food & Exercise					safe; regulations and choices;
	·	•about healthy and unhealthy					drug use and the law; drug use
		foods, including sugar intake					and the media
		•about physical activity and how it					•about the risks and effects of
		keeps people healthy					different drugs
		<ul> <li>about different types of play,</li> </ul>					•about the laws relating to drugs
		including balancing indoor, outdoor					common to everyday life and
		and screen-based					illegal drugs
		play					•to recognise why people choose to use or not use drugs, including
							nicotine, alcohol
							and medicines as well as illegal
							drugs
							•about the organisations where
							people can get help and support
							concerning drug use
							•how to ask for help if they have
							concerns about drug use
							<ul> <li>about mixed messages in the</li> </ul>
							media relating to drug use and
							how they might influence opinions
							and decisions
					related areas, such as <b>the main exter</b>	<i>nal body parts</i> , the human body as it	grows from <i>birth</i> to old age
			(including <i>puberty</i> ) and <i>reproduc</i>	•			
			It supports pupils' ongoing emoti	onal and physical development effe	ectivelyIt (the sex education progra	mme) should ensure that both boys a	nd girls are prepared for <i>the</i>
			changes that adolescence brings	and - drawing on knowledge of th	e human life cycle set out in the nation	onal curriculum for science .	
			Sex education includes puberty,	conception, reproduction and birth	. <b>Puberty</b> is already statutory under	Health Education and National Curric	ulum Science (so there is no
						so this leaves conception. By definition	
					an egg and sperm meet (reproduction		•
RSE		Growing and Changing	Relationships Education	Relationships Education	Relationships Education	Relationships Education	<b>Relationships Education</b>
		Recognising what makes them				•	•
		unique	and Health Education is	and Health Education is	and Health Education is	and Health Education is	and Health Education is
		and special; feelings; managing	statutory (parents cannot	statutory (parents cannot	statutory (parents cannot opt	statutory (parents cannot opt	statutory (parents cannot
		when	opt out)	opt out)	out)	out)	opt out)
			Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing	Growing and Changing
		things go wrong			, ,		
		eto recognice what makes them	Growing older; naming body	Personal strengths and	Personal identity; recognising	Physical and emotional changes	
		•to recognise what makes them		Personal strengths and achievements: managing and	, , ,	, ,	Human reproduction and
		special and unique including their	parts &	achievements; managing and	individuality; different qualities	in puberty; external genitalia;	Human reproduction and birth;
		special and unique including their likes, dislikes and what they are	parts & moving class or year	achievements; managing and re-framing setbacks	individuality; different qualities & mental wellbeing	in puberty; external genitalia; personal hygiene routines &	Human reproduction and birth; increasing independence &
		special and unique including their likes, dislikes and what they are good at	parts & moving class or year •about the human life cycle and	achievements; managing and re-framing setbacks •that everyone is an individual and	individuality; different qualities & mental wellbeing •about personal identity and what	in puberty; external genitalia; personal hygiene routines & support with puberty	Human reproduction and birth; increasing independence & managing transitions
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell	parts & moving class or year	achievements; managing and re-framing setbacks	individuality; different qualities & mental wellbeing •about personal identity and what contributes to it, including race, sex,	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia	Human reproduction and birth; increasing independence & managing transitions  •practical strategies that can help
		special and unique including their likes, dislikes and what they are good at	parts & moving class or year •about the human life cycle and how people grow from young to	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable	individuality; different qualities & mental wellbeing •about personal identity and what	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs	Human reproduction and birth; increasing independence & managing transitions  • practical strategies that can help to manage times of change and
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or	parts & moving class or year •about the human life cycle and how people grow from young to old	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make	individuality; different qualities & mental wellbeing •about personal identity and what contributes to it, including race, sex, gender	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional	Human reproduction and birth; increasing independence & managing transitions  • practical strategies that can help to manage times of change and transition e.g. practising the bus
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go	parts & moving class or year •about the human life cycle and how people grow from young to old •how our needs and bodies change	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and	individuality; different qualities & mental wellbeing •about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies,	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs	Human reproduction and birth; increasing independence & managing transitions  •practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others	parts & moving class or year •about the human life cycle and how people grow from young to old •how our needs and bodies change as we grow up	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty	Human reproduction and birth; increasing independence & managing transitions  • practical strategies that can help to manage times of change and transition e.g. practising the bus
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others •about different kinds of feelings	parts & moving class or year •about the human life cycle and how people grow from young to old •how our needs and bodies change as we grow up •to identify and name the main	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity	individuality; different qualities  & mental wellbeing  • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes  •how to recognise, respect and	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle	Human reproduction and birth; increasing independence & managing transitions •practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school •identify the links between love,
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others  •about different kinds of feelings  •how to recognise feelings in	parts & moving class or year •about the human life cycle and how people grow from young to old •how our needs and bodies change as we grow up •to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles)	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes • how to recognise, respect and express their individuality and personal qualities • ways to boost their mood and	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle and menstrual wellbeing, erections	Human reproduction and birth; increasing independence & managing transitions • practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school • identify the links between love, committed relationships and
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others  •about different kinds of feelings •how to recognise feelings in themselves and others	parts & moving class or year •about the human life cycle and how people grow from young to old •how our needs and bodies change as we grow up •to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) •about change as people grow up,	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud of (in school, out of school)	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes • how to recognise, respect and express their individuality and personal qualities • ways to boost their mood and improve emotional wellbeing	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle and menstrual wellbeing, erections and wet	Human reproduction and birth; increasing independence & managing transitions  •practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school  •identify the links between love, committed relationships and conception
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others  •about different kinds of feelings  •how to recognise feelings in themselves and others  •to identify and name the main	parts & moving class or year •about the human life cycle and how people grow from young to old •how our needs and bodies change as we grow up •to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) •about change as people grow up, including new opportunities and	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud of (in school, out of school) •to recognise common challenges	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes • how to recognise, respect and express their individuality and personal qualities • ways to boost their mood and improve emotional wellbeing • about the link between participating	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams •strategies to manage the changes during puberty including	Human reproduction and birth; increasing independence & managing transitions • practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school •identify the links between love, committed relationships and conception •about the responsibilities of being a parent or carer and how having a baby changes
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others  •about different kinds of feelings  •how to recognise feelings in themselves and others  •to identify and name the main parts of the body including penis &	parts & moving class or year • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change as people grow up, including new opportunities and responsibilities	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud of (in school, out of school) •to recognise common challenges to self-worth e.g. finding school	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes • how to recognise, respect and express their individuality and personal qualities • ways to boost their mood and improve emotional wellbeing • about the link between participating in interests, hobbies and community	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams •strategies to manage the changes during puberty including menstruation	Human reproduction and birth; increasing independence & managing transitions •practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school •identify the links between love, committed relationships and conception •about the responsibilities of being a parent or carer and how having a baby changes someone's life
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others  •about different kinds of feelings •how to recognise feelings in themselves and others  •to identify and name the main parts of the body including penis & vagina	parts & moving class or year • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change as people grow up, including new opportunities and responsibilities • preparing to move to a new class	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud of (in school, out of school) •to recognise common challenges to self -worth e.g. finding school work difficult,	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes • how to recognise, respect and express their individuality and personal qualities • ways to boost their mood and improve emotional wellbeing • about the link between participating	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams •strategies to manage the changes during puberty including menstruation •the importance of personal hygiene	Human reproduction and birth; increasing independence & managing transitions •practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school •identify the links between love, committed relationships and conception •about the responsibilities of being a parent or carer and how having a baby changes someone's life •to recognise some of the changes
		special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong  •how they are the same and different to others  •about different kinds of feelings  •how to recognise feelings in themselves and others  •to identify and name the main parts of the body including penis & vagina  •about what it means to keep	parts & moving class or year • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change as people grow up, including new opportunities and responsibilities	achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud of (in school, out of school) •to recognise common challenges to self -worth e.g. finding school work difficult, friendship issues	individuality; different qualities & mental wellbeing • about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes • how to recognise, respect and express their individuality and personal qualities • ways to boost their mood and improve emotional wellbeing • about the link between participating in interests, hobbies and community	in puberty; external genitalia; personal hygiene routines & support with puberty •how to identify external genitalia and reproductive organs •about the physical and emotional changes during puberty •key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams •strategies to manage the changes during puberty including menstruation •the importance of personal hygiene routines during puberty including	Human reproduction and birth; increasing independence & managing transitions •practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school •identify the links between love, committed relationships and conception •about the responsibilities of being a parent or carer and how having a baby changes someone's life •to recognise some of the changes as they grow up e.g. increasing
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	Resources			Non-statutory Sex
	NSPCC Pants -			Education - Parents can
	https://www.nspcc.org.uk/kee			choose to withdraw their
	ping-children-safe			child
				Conception & Reproduction
				•what sexual intercourse is, and how it can be one part of an
				intimate relationship between
				consenting adults
				•how pregnancy occurs i.e. when a
				sperm meets an egg and the fertilised egg settles
				into the lining of the womb
				Physical health and Mental
				wellbeing
				What affects mental health and
				ways to take care of it; managing change,
				loss
				and bereavement; managing time
				• positive strategies for managing
				feelings
				•that there are situations when
				someone may experience mixed or conflicting
				feelings
				•how feelings can often be
				helpful, whilst recognising that
				they sometimes need to be overcome
				•to recognise that if someone
				experiences feelings that are not
				so good (most or all of the time) – help and support is
				available
				<ul> <li>identify where they and others</li> </ul>
				can ask for help and support with
				mental wellbeing in and outside school
				•the importance of asking for
				support from a trusted adult
				•about the changes that may occur in life including death, and
				how these can cause
				conflicting feelings
				•that changes can mean people
				experience feelings of loss or grief •about the process of grieving and
				how grief can be expressed
				•about strategies that can help
				someone cope with the feelings associated with change or loss
				•to identify how to ask for help
				and support with loss, grief or
				other aspects of
				<ul><li>change</li><li>how balancing time online with</li></ul>
				other activities helps to maintain
				their health and
				wellbeing
				•strategies to manage time spent online and foster positive habits
				e.g. switching phone off at night
				•what to do and whom to tell if
				they are frightened or worried

