

AUT	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
2023							
Circle Time (with class teacher)	SUPER ME! PSED Develop their sense of responsibility and membership of a community Find solutions to conflicts & rivalries Increasingly follow rules, understanding why they are important Understand gradually how others may be feeling SELF REGULATION Identify and moderate their own feelings socially and emotionally. Class rules Community BUILDING RELATIONSHIPS Express their feelings and consider the feelings of others. MANAGING SELF See themselves as a valuable individual. Healthy Eating Fire safety – link to fire brigade Stranger danger – link to Halloween FINDERSTANDING THE WORLD Recognising similarities & differences celebrations Black History Month Heroes Princess K Martin Luther King Nelson Mandela Katherine Johnson Stormzy	 KEEPING SAFE how rules can help to keep us safe about examples of rules in different situations, e.g. class rules, rules at home, rules outside why some things have age restrictions, e.g. TV and film, games, toys or play areas RESPECTING OURSELVES & OTHERS what kind and unkind behaviour mean in and out school how kind and unkind behaviour can make people feel about class rules, being polite to others, sharing and taking turns 	SAFE RELATIONSHIPS Managing secrets; resisting pressure and getting help & recognisinghurtful behaviour •how to recognise hurtful behaviour, including online •what to do and whom to tell if they see or experience hurtful behaviour, including online •about what bullying is and different types of bullying	SAFE RELATIONSHIPS Personal boundaries; safely responding to others & the impact of hurtful behaviour is unacceptable in any situation •about the effects and consequences of bullying for the people involved •about bullying online, and the similarities and differences to face-to- face bullying •what to do and whom to tell if they see or experience bullying or hurtful behaviour Growing & Changing Personal strengths and achievements; managing and reframing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity	SAFE RELATIONSHIPS Responding to hurtful behaviour & managing confidentiality •to differentiate between playful teasing, hurtful behaviour and bullying, including online •how to respond if they witness or experience hurtful behaviour or bullying, including online	SAFE RELATIONSHIPS Physical contact and feeling safe • to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations • how to ask for, give and not give permission for physical contact	SAFE RELATIONSHIPS Recognising and managing pressure & consent in different situations • to compare the features of a healthy and unhealthy friendship • about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues • about the link between values and behaviour and how to be a positive role model • how to discuss issues respectfully • how to listen to and respect other points of view • how to constructively challenge points of view they disagree with Physical health and Mental wellbeing What affects mental health and ways to take care of it • that mental health is just as important as physical health and that both need looking after • to recognise that anyone can be affected by mental ill-health and that difficulties can be resolved with help and support • how negative experiences such as being bullied or feeling lonely can affect mental wellbeing
	PANTS campaign – NSPCC Talk and stay safe		Resources NSPCC Pants - <u>https://www.nspcc.org.uk/keeping-</u> <u>children-safe</u>	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - <u>https://www.thinkuknow.co.uk</u>	Resources CEOP - https://www.thinkuknow.co.uk/	Resources CEOP - https://www.thinkuknow.co.uk/
PSHE linked class texts (Burwell Bookshelf)	WORRYSAURUS		Bit B	Heather Has Wood Munnies	Bogo Backs Cross + Eng Bago Backs Cross + Eng Bago Backs Bac		

	Shu Luv's Grandpa SELFISH (20CDILE	The Lubwic Line of the Lubwic Li		FARUO TIL	THELEKE THELEKE THE ARDER THE ART THE THE THE THE THE THE THE THE THE TH		THE BIRD IN ME FLIES
Theme – identified links	History Link – significant figures Malala Yousafzai, Wilma Rudolph, Michelle & Barak Obama, Marcus Rashford, Tom Moore, Mary Seacole & Florence Nightingale	History Link - Roles of different people & families • about people who care for them, e.g. parents, siblings, grandparents, relatives, friends, teachers • the role these different people play in children's lives and how they care for them				Protecting the environment; compassion towards others Wangari Maathai	
DT		PHYSICAL HEALTH and MENTAL WELLBEIN Keeping Healthy, Hygiene Routines •what it means to be healthy and why it is •ways to take care of themselves on a dail •about basic hygiene routines, e.g. hand w •about people who can help them to stay nurses, dentists, lunch supervisors LOOKING AFTER THE COMMUNITY looking after the environment •that different people have different need •how we care for people, animals and oth •how they can look after the environment	s important ly basis vashing healthy, such as parents, doctors, ls er living things in different ways				
ICT		Using the internet and digital devices & Communicating online • the ways in which people can access the internet e.g. phones, tablets, computers • to recognise the purpose and value of the internet in everyday life • to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos • that information online might not always be true	Recognising risks online •how to recognise hurtful behaviour, including online The internet in everyday life; online content and information •the ways in which people can access the internet e.g. phones, tablets, computers •to recognise the purpose and value of the internet in everyday life •to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos •that information online might not always be true	Recognising risks online •What is appropriate to share with friends, classmates, family and wider social groups online •about what privacy and personal boundaries are online •basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision How the internet is used & assessing information online •how the internet can be used positively for leisure, for school and for work •to recognise that images and information online can be altered or adapted and the reasons for why this happens •strategies to recognise whether something they see online is true or accurate •to evaluate whether a game is suitable to play or a website is appropriate for their age-group •to make safe, reliable choices from search results •how to report something seen or experienced online that concerns them e.g. images or content that worry them, unkind or inappropriate communication.	Recognising risks online • to differentiate between playful teasing, hurtful behaviour and bullying online • how to respond if they witness or experience hurtful behaviour or bullying online How data is shared and used • that everything shared online has a digital footprint • that organisations can use personal information to encourage people to buy things • to recognise what online adverts look like • to compare content shared for factual purposes and for advertising • why people might choose to buy or not buy something online e.g. from seeing an advert • that search results are ordered based on the popularity of the website and that this can affect what information people access	Recognising risks online • how to respond if they witness or experience hurtful behaviour or bullying online How information online is targeted; different media types, their role and impact • to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise • basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased • that some media and online content promote stereotypes • how to assess which search results are more reliable than others • to recognise unsafe or suspicious content online • how devices store and share information	Recognising risks online •strategies to respond to pressure from friends including online •how to assess the risk of different online 'challenges' and 'dares' •how to get advice and report concerns about personal safety, including online Evaluating media sources; sharing things online •to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise •basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased •that some media and online content promote stereotypes •how to assess which search results are more reliable than others •to recognise unsafe or suspicious content online •how devices store and share information
RE – identified links				Recognising respectful behaviour The importance of self-respect, courtesy and being polite • to recognise respectful behaviours e.g. helping or including others, being responsible	 What makes a community; shared responsibilities the meaning and benefits of living in a community to recognise that they belong to different communities as well as the school community 		







			 how to model respectful behaviour in different situations e.g. at home, at school, online the importance of self-respect and their right to be treated respectfully by others what it means to treat others, and be treated, politely the ways in which people show respect and courtesy in different cultures and in wider society 	 about the different groups that make up and contribute to a community about the individuals and groups that help the local community, including through volunteering and work how to show compassion towards others in need and the shared responsibilities of caring for them 	
SCIENCE – identified links	Significant figures – Marie Curie	Physical health and Mental wellbeing Food & Exercise • about healthy and unhealthy foods, including sugar intake • about physical activity and how it keeps people healthy • about different types of play, including balancing indoor, outdoor and screen- based play			
CULTURAL CAPITAL		Respecting ourselves and others Recognising things in common and differences; playing and working co-operatively & sharing opinion about the things they have in common with their friends, classmates, and other people how friends can have both similarities and differences how to play and work cooperativelyin different groups and situation show to share their ideas and listen to others, take part in discussions, and give reasons for their views	•to recognise differences between peo	on with others e.g. shared values, likes and ne differences and similarities between	Money and Work Influences and attitue •about the role that mo influences decisions abo •about value for money •how companies encour critical consumer •how having or not havi wellbeing •about common risks as •how money can be gain these put people at finan •how to get help if they
		 Keeping safe Safety in different environments; risk and safety at home and emergencies how to recognise risk in everyday situations, e.g. road, water and rail safety, medicines how to help keep themselves safe in familiar and unfamiliar environments, such as in school, online and 'out and about' to identify potential unsafe situations, who is responsible for keeping them safe in these situations, and steps they can take to avoid or remove themselves from danger how to help keep themselves safe at home in relation to electrical appliances, fire safety and medicines/household products about things that people can put into their body or onto their skin (e.g. medicines and creams) and how these can affect how people feel how to respond if there is an accident and someone is hurt about whose job it is to keep us safe and how to get help in an emergency, including how to dial 999 and what to say 	 needs how to keep track of money and why spent about different ways to pay for things reasons for using them 	sing and keeping money safe decisions based on their budget, values and it is important to know how much is being such as cash, cards, e-payment and the ve positive or negative effects on others e.g.	Media literacy and Di How information onli impact •to identify different typ inform, persuade or adv •basic strategies to asse is based on fact, opiniom •that some media and o •how to assess which se •to recognise unsafe or •how devices store and
Whole school assemblies		Autumn 1 Welcome back/New Beginnings – school values, expectat Aspirations/pride in your work Growth Mindset Zones of Regulation Harvest	ions	Autumn 2 Equality & Individual Liberty – B Anti-Bullying week Advent/Christmas Hanukah	ritish Values
		House Captain Assembly - Democracy Tolerance			

noney plays in people's bout money ey and how to judge if burage customers to bu aving money can impac associated with mone	oney and financial risks s lives, attitudes towards it and what something is value for money uy things and why it is important to be a ct on a person's emotions, health and y, including debt, fraud and gambling n, through scams or gambling and how
Digital resilience nline is targeted; di types of media and the dvertise	t gambling or other financial risks fferent media types, their role and ir different purposes e.g. to entertain, opling (o.g. research, power, reviewer, blogg)
ion, or is biased d online content promo search results are mor or suspicious content o nd share information	e reliable than others



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	Burwell Village PSHE Progression Document 2023 - 2024 College Primary									
		Black History month								
Keystage/ Phase assemblies	EYFS – Celebration assembly (weekly)				Autumn 2 NSPCC Childline assem Resilience Self-esteem	bly				
School Visits	Burwell library War memorial in Burwell WICKEN FEN – connecting with nature Looking after our planet	Walk around Burwell South Angle farm	Victorian experience Colchester Zoo	Flag Fen Virtual lesson on Cresswell Crags London Science museum Ely – Geography field trip	Cadbury World	Fitzwilliam museum/Pantomime Leicester Space Museum	Stem trip Burwell – Geography fieldwork Virtual lesson on Evolution PGL residential			

SPRING 2024	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Circle Time (with class teacher)	DREAM BIG! & Great Growing SELF REGULATION Identify and moderate their own feelings socially and emotionally. BUILDING RELATIONSHIPS Think about the perspectives of others. MANAGING SELF Manage their own needs. Show resilience and perseverance in the face of challenge. AESOPS FABLES Tom Percival books	SAFE RELATIONSHIPS Recognising Privacy, Staying Safe & Seeking Permission • about situations when someone's body or feelings might be hurt and whom to go to for help • about what it means to keep something private, including parts of the body that are private What makes them unique and special; feelings; managing when things go wrong	SAFE RELATIONSHIPS Managing secrets; resisting pressure and getting help & recognising hurtful behaviour • how someone may feel if they are being bullied • about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help • how to resist pressure to do something that feels uncomfortable or unsafe • how to ask for help if they feel unsafe or worried and what vocabulary to use	SAFE RELATIONSHIPS Personal boundaries; safely responding to others & the impact of hurtful behaviour •What is appropriate to share with friends, classmates, family and wider social groups including online •about what privacy and personal boundaries are, including online •that bullying and hurtful behaviour is unacceptable in any situation •about the effects and consequences of bullying for the people involved •about bullying online, and the similarities and differences to face-to-face bullying •what to do and whom to tell if they see or experience bullying or hurtful behaviour Growing & Changing Personal strengths and achievements; managing and reframing setbacks •how to identify their own personal strengths and interests and what they're proud of (in school, out of school)	SAFE RELATIONSHIPS Responding to hurtful behaviour & managing confidentiality •recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable •how to manage pressures associated with dares •when it is right to keep or break a confidence or share a secret	SAFE RELATIONSHIPS Physical contact and feeling safe • how it feels in a person's mind and body when they are uncomfortable • that it is never someone's fault if they have experienced unacceptable contact • how to respond to unwanted or unacceptable physical contact • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact	SAFE RELATIONSHIPS Recognising and managing pressure & consent in different situations •to compare the features of a healthy and unhealthy friendship •strategies to respond to pressure from friends including online •how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable •about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong Belonging to a community Valuing diversity; challenging discrimination and stereotypes •strategies to safely respond to and challenge discrimination •how to recognise stereotypes in different contexts and the influence they have on attitudes and understanding of different groups •how stereotypes are perpetuated and how to challenge this
	A story about consent Always remember your body belongs to you	Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources CEOP - <u>https://www.thinkuknow.co.uk</u>	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk/	Resources CEOP - https://www.thinkuknow.co.uk/
Zones of Regulation						How can you help yourself Image: State of the state	How can you help yourself Internet Internet Internet Intern
THEME – identified links		GEOGRAPHY link - about how different strengths and interests are needed to do different jobs • about people whose job it is to help us in the community • about different jobs and the work people do				History Link - Responding respectfully to a wide range of people; recognising prejudice and discrimination Katherine Johnson • about the link between values and behaviour and how to be a positive role model • how to discuss issues respectfully • how to discuss issues respect other points of view • how to constructively challenge points of view they disagree with • ways to participate effectively in discussions online and manage conflict or disagreements	
ICT		Using the internet and digital devices & Communicating online •the ways in which people can access the internet e.g. phones, tablets, computers •to recognise the purpose and value of the internet in everyday life	Recognising risks online • how to recognise hurtful behaviour, including online The internet in everyday life; online content and information	Recognising risks online •What is appropriate to share with friends, classmates, family and wider social groups online •about what privacy and personal boundaries are online	Recognising risks online •to differentiate between playful teasing, hurtful behaviour and bullying online •how to respond if they witness or experience hurtful behaviour or bullying online	Recognising risks online • how to respond if they witness or experience hurtful behaviour or bullying online	Recognising risks online •strategies to respond to pressure from friends including online •how to assess the risk of different online 'challenges' and 'dares'



Best Participation International Control Internatinternate Internation International Control International Control	5	•					
Identified links Image: series of family, since segments, step- parents, bended famile, stoter and adorptic parents, store, step- parents, bended famile, stoter and adorptic parents, bended famile			internet is factual and some is for entertainment e.g. news, games, videos •that information online might not always	the internet e.g. phones, tablets, computers •to recognise the purpose and value of the internet in everyday life •to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos •that information online might not	safe online e.g. passwords, using trusted sites and adult supervision How the internet is used & assessing information online •how the internet can be used positively for leisure, for school and for work •to recognise that images and information online can be altered or adapted and the reasons for why this happens •strategies to recognise whether something they see online is true or accurate •to evaluate whether a game is suitable to play or a website is appropriate for their age-group •to make safe, reliable choices from search results •how to report something seen or experienced online that concerns them e.g. images or content that worry them,	 that everything shared online has a digital footprint that organisations can use personal information to encourage people to buy things to recognise what online adverts look like to compare content shared for factual purposes and for advertising why people might choose to buy or not buy something online e.g. from seeing an advert that search results are ordered based on the popularity of the website and that this can affect what information people 	
SCIENCE - identified links Healthy Eating Sleep routines Tooth brushing Screen time Physical health and Mental wellbeing Food & Exercise • about healthy and unhealthy foods, including sugar intake • about physical activity and how it keeps people healthy • about different types of play, including balancing indoor, outdoor and screen-based play Image: Comparison of the school play Whole school assemblies Spring 1 Spring 2 World Book Day World Book Day Key stage/Phase EYFS Celebration assembly Spring 1 National Concorr upork, consisting Deriving 2 Inclusion & Diversity Manners & mutual respect – British Teamwork	identified				family life •to recognise and respect that there are different types of families, including single parents, same-sex parents, step- parents, blended families, foster and adoptive parents •that being part of a family provides support, stability and love •about the positive aspects of being part of a family, such as spending time together and caring for each other •about the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty •to identify if/when something in a family might make someone upset or worried •what to do and whom to tell if family relationships are making them feel unhappy or		
Whole school assemblies Spring 1 Spring 2 Inclusion & Diversity World Book Day Inclusion & Diversity Manners & mutual respect – British Teamwork Key stage/Phase EYFS Celebration assembly Spring 1 Spring 2 National Carport week aspiration	identified	Sleep routines Tooth brushing	Food & Exercise • about healthy and unhealthy foods, including sugar intake • about physical activity and how it keeps people healthy • about different types of play, including balancing indoor, outdoor and screen-based		unsate		
stage/Phase National Caroors work aspiration			Spring 1		1	Inclusion & Diversity Manners & mutual respe	ct – British Valu
stage/Phase		EYFS Celebration assembly	Spring 1		Spring 2		
	stage/Phase assemblies		National Careers week - aspirati	on	Positive attitude		

	 how to get advice and report concerns about personal safety, including online Evaluating media sources; sharing things online to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased that some media and online content promote stereotypes how to assess which search results are more reliable than others about sharing things online, including rules and laws relating to this how to recognise what is appropriate to share online how to report inappropriate online 	
	content or contact •to recognise unsafe or suspicious content online •how devices store and share information	
Values		

Keeping my mind healthy	Different viewpoints & opinions	
Keeping myself safe outside		
Keeping myself safe online		

SUMMER	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
2024	20			, our o			
Circle Time (with class teacher)	OUR WONDERFUL WORLD ELG - SELF REGULATION Shows an understanding of his/her own feelings and those of others, and is beginning to regulate his/her behaviour accordingly Can set and work towards simple goals, is able to wait for what he/she wants and control his/her immediate impulses when appropriate ELG - BUILDING RELATIONSHIPS Shows sensitivity to his/her own and to others' needs Show sensitivity to their own and to others' needs. ELG - MANAGING SELF Can explain the reasons for rules, knows tries to behave accordingly Is confident to try new activities and shows independence, resilience and perseverance in the face of challenge Staying safe over the summer Show sensitivity to their own and to others' needs Now sensitivity to their own and to accordingly Is confident to try new activities and shows independence, resilience and perseverance in the face of challenge Staying safe over the summer Show sensitivity to their own and to others' needs Now sensitivity to their own and to others' needs Now work and play cooperatively and take turns with others (turn taking) PRIDE MONTH NOW Free MONTH NOW Free MONTH	SAFE RELATIONSHIPS Recognising Privacy, Staying Safe & Seeking Permission •to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches) •how to respond if being touched makes them feel uncomfortable or unsafe •when it is important to ask for permission to touch others •how to ask for and give/not give permission Sun Safety •how to keep safe in the sun	SAFE RELATIONSHIPS Managing secrets; resisting pressure and getting help & recognisinghurtful behaviour •how to resist pressure to do something that feels uncomfortable or unsafe •how to ask for help if they feel unsafe or worried and what vocabulary to use	SAFE RELATIONSHIPS Personal boundaries; safely responding to others & the impact of hurtful behaviour • about bullying online, and the similarities and differences to face- to-face bullying • what to do and whom to tell if they see or experience bullying or hurtful behaviour Growing & Changing Personal strengths and achievements; managing and reframing setbacks • to recognise common challenges to self -worth e.g. finding school work difficult, friendship issues • basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a setback, remembering what they are good at, trying again Personal boundaries; safely responding to others	SAFE RELATIONSHIPS Responding to hurtful behaviour & managing confidentiality •how to recognise risks online such as harmful content or contact •how people may behave differently online including pretending to be someone they are not •how to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online	SAFE RELATIONSHIPS Physical contact and feeling safe • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact	SAFE RELATIONSHIPS Recognising and managing pressure & consent in different situations • how to get advice and report concerns about personal safety, including online • what consent means and how to seek and give/not give permission in different situations Families and friendships Attraction to others; romantic relationships; civil partnership and marriage • what it means to be attracted to someone and different kinds of loving relationships • that people who love each other can be of any gender, ethnicity or faith • the difference between gender identity and sexual orientation and everyone's right to be loved • about the qualities of healthy relationships that help individuals flourish
	PANTS song – NSPCC Pantasaurus book	Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources NSPCC Pants - https://www.nspcc.org.uk/keeping- children-safe	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk	Resources CEOP - https://www.thinkuknow.co.uk/	Resources CEOP - https://www.thinkuknow.co.uk/
THEME – identified links	GLOBAL CITIZENS – Looking after our planet					1950's – 1980's – Women in the work place	India

						Identifying jo aspirations; choices; wor
DT		PHYSICAL HEALTH and MENTAL WEL Keeping Healthy, Hygiene Routines & •what it means to be healthy and wh •ways to take care of themselves on •about basic hygiene routines, e.g. ha •about people who can help them to doctors, nurses, dentists, lunch supervisors	& Sun Safety y it is important a daily basis and washing			
ICT		 how to keep safe in the sun Using the internet and digital devices & Communicating online the ways in which people can access the internet e.g. phones, tablets, computers to recognise the purpose and value of the internet in everyday life to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos that information online might not always be true 	Recognising risks online •how to recognise hurtful behaviour, including online The internet in everyday life; online content and information •the ways in which people can access the internet e.g. phones, tablets, computers •to recognise the purpose and value of the internet in everyday life •to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos •that information online might not always be true	Recognising risks online •What is appropriate to share with friends, classmates, family and wider social groups online •about what privacy and personal boundaries are online •basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision How the internet is used & assessing information online •how the internet can be used positively for leisure, for school and for work •to recognise that images and information online can be altered or adapted and the reasons for why this happens •strategies to recognise whether something they see online is true or accurate •to evaluate whether a game is suitable to play or a website is appropriate for their age-group •to make safe, reliable choices from search results •how to report something seen or experienced online that concerns them e.g. images or content that worry them, unkind or inappropriate communication	Recognising risks online • to differentiate between playful teasing, hurtful behaviour and bullying online • how to respond if they witness or experience hurtful behaviour or bullying online How data is shared and used • that everything shared online has a digital footprint • that organisations can use personal information to encourage people to buy things • to recognise what online adverts look like • to compare content shared for factual purposes and for advertising • why people might choose to buy or not buy something online e.g. from seeing an advert • that search results are ordered based on the popularity of the website and that this can affect what information people access	Recognising how to resp experience h bullying onlin How informa different me impact • to identify c and their diff entertain, inf advertise • basic strateg content onlin reviews, blog opinion, or is • that some n promote ster • how to asse are more reli • to recognise content onlin • how devices information
RE				Does God want Christians to look after the world? What rules are: caring for other's needs; looking after the environment		
SCIENCE – identified links	SEASONS Global warming – looking after our planet	Physical health and Mental wellbeing Food & Exercise • about healthy and unhealthy foods, including sugar intake • about physical activity and how it keeps people healthy • about different types of play, including balancing indoor, outdoor and screen-based				

; job interests and s; what influences career orkplace stereotypes	Valuing diversity; challenging discrimination and stereotypes
	•what prejudice means
	•to differentiate between prejudice and discrimination
	 how to recognise acts of discriminatios
ng risks online Aspond if they witness or	Recognising risks online
hurtful behaviour or	•strategies to respond to pressure from friends including online
line	 how to assess the risk of different
mation online is targeted;	online 'challenges' and 'dares'
nedia types, their role and	•how to get advice and report
y different types of media	concerns about personal safety, including online
lifferent purposes e.g. to	Evaluating media sources; sharing
inform, persuade or	things online
togics to accors whathar	•to identify different types of
tegies to assess whether lline (e.g. research, news,	media and their different purposes e.g. to entertain, inform, persuade
logs) is based on fact,	or advertise
r is biased	 basic strategies to assess
e media and online content	whether content online (e.g.
tereotypes ssess which search results	research, news, reviews, blogs) is
eliable than others	based on fact, opinion, or is biasedthat some media and online
ise unsafe or suspicious	content promote stereotypes
lline	•how to assess which search
ces store and share n	results are more reliable than
11	othersto recognise unsafe or suspicious
	content online
	 how devices store and share
	information
	Keeping safe Keeping personal information safe; regulations and choices; drug use and the law; drug use
	and the media
	•about the risks and effects of
	different drugsabout the laws relating to drugs
	common to everyday life and

	play	(including <i>puberty</i>) and <i>reproduct</i> It supports pupils' ongoing emotion <i>changes that adolescence brings</i> Sex education includes puberty , or right to withdraw). Birth and repr	tion in some plants and animals." onal and physical development effer and – drawing on knowledge of the conception, reproduction and birth roduction are also included in Scien	related areas, such as the main exter ectivelyIt (the sex education progra e human life cycle set out in the natio . Puberty is already statutory under I ice (again, no right to withdraw) and an egg and sperm meet (reproductic	mme) should ensure that both boys a onal curriculum for science . Health Education and National Curric so this leaves conception . By definiti	and girls are prepared for the ulum Science (so there is no
RSE	Growing and Changing Recognising what makes them unique and special; feelings; managing when things go wrong • to recognise what makes them special and unique including their likes, dislikes and what they are good at how to manage and whom to tell when finding things difficult, or when things go wrong • how they are the same and different to others • about different kinds of feelings • how to recognise feelings in themselves and others • to identify and name the main parts of the body including penis & vagina • about what it means to keep something private, including parts of the body that are private • to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches) • how to respond if being touched makes them feel uncomfortable or unsafe • when it is important to ask for permission to touch others • how to ask for and give/not give permissionResources NSPCC Pants - https://www.nspcc.org.uk/kee ping-children-safe	Relationships Education and Health Education is statutory (parents cannot opt out) Growing and Changing Growing older; naming body parts & moving class or year • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change as people grow up, including new opportunities and responsibilities • preparing to move to a new class and setting goals for next year	Relationships Education and Health Education is statutory (parents cannot opt out) Growing and Changing Personal strengths and achievements; managing and re-framing setbacks •that everyone is an individual and has unique and valuable contributions to make •to recognise how strengths and interests form part of a person's identity •how to identify their own personal strengths and interests and what they're proud of (in school, out of school) •to recognise common challenges to self -worth e.g. finding school work difficult, friendship issues •basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a setback, remembering what they are good at, trying again	Relationships Education and Health Education is statutory (parents cannot opt out) Growing and Changing Personal identity; recognising individuality; different qualities & mental wellbeing •about personal identity and what contributes to it, including race, sex, gender family, faith, culture, hobbies, likes/dislikes •how to recognise, respect and express their individuality and personal qualities •ways to boost their mood and improve emotional wellbeing •about the link between participating in interests, hobbies and community groups and mental wellbeing	Relationships Education and Health Education is statutory (parents cannot opt out) Growing and Changing Physical and emotional changes in puberty; external genitalia; personal hygiene routines & support with puberty • how to identify external genitalia and reproductive organs • about the physical and emotional changes during puberty • key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams • strategies to manage the changes during puberty including menstruation • the importance of personal hygiene routines during puberty including washing regularly and using deodorant • how to discuss the challenges of puberty with a trusted adult how to get information, help and advice about puberty	Relationships Education and Health Education is statutory (parents cannot opt out) Growing and Changing Human reproduction and birth; increasing independence & managing transitions • practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school • identify the links between love, committed relationships and conception • about the responsibilities of being a parent or carer and how having a baby changes someone's life • to recognise some of the changes as they grow up e.g. increasing independence • about what being more independent might be like, including how it may feel • about the transition to secondary school and how this may affect their feelings • about how relationships may change as they grow up or move to secondary school Non-statutory Sex Education – Parents can choose to withdraw their child Conception & Reproduction • what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults
						•how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb



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Physical health and Mental wellbeing
What affects mental health and ways to
take care of it; managing change, loss
and bereavement; managing time online
 positive strategies for managing feelings
•that there are situations when
someone may experience mixed or
conflicting feelings
 how feelings can often be
helpful, whilst recognising that they sometimes need to
be overcome
•to recognise that if someone
experiences feelings that are not so good (most or all
of the time) – help and support is
availableidentify where they and others
can ask for help and support with
mental wellbeing
in and outside schoolthe importance of asking for
support from a trusted adult
 about the changes that may occur in life including death, and
how these can cause
conflicting feelings
•that changes can mean people experience feelings of loss or grief
•about the process of grieving and
how grief can be expressed
 about strategies that can help someone cope with the feelings
associated with change or loss
•to identify how to ask for help and support with loss, grief or
other aspects of
change
 how balancing time online with other activities helps to maintain
their health and
wellbeingstrategies to manage time spent
online and foster positive habits
e.g. switching phone off at night
 what to do and whom to tell if they are frightened or worried
about something they have seen
online
Families and friendships
Attraction to others; romantic
relationships; civil partnership and marriage
•ways in which couples show their
love and commitment to one another, including those who are
not married or who live apart
•what marriage and civil
partnership mean e.g. a legal declaration of commitment
made by two adults

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						 that people have the right to choose whom they marry or whether to get married that to force anyone into marriage is illegal how and where to report forced marriage or ask for help if they are worried 	
Whole school assemblies					Summer 2		
		Summer 1 Expectations Resilience					
				Expectations			
				Keeping my body healthy			
				Inclusion & diversity			
				Determination – key to success			
KEYSTAGE/PHASE assemblies	EYFS Celebration assembly	Summer 1 Respecting opinion & difference (protected characteristics)		Summer 2			
				Celebrating difference			
		Responsibility			Transitions		
		Democracy – British Values					