

Fresh Fruit Pot

WEEK 1 MENU WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Paprika Marinated Chicken served with Savoury Vegetable Rice	Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces	Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy	Minty Crispy Topped Shepherds Pie served with Seasonal Vegetables	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Cheese & Tomato Swirl served with Savoury Vegetable Rice	Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces	Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy	Minty Crispy Topped Shepherdless Pie served with Seasonal Vegetables	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
HOT MARKET	Hot Sausage Muffin Herby Diced potatoes Vegetable Sticks	Hot Filled Bagels Ham & Cheese Hash Brown Vegetable Sticks	Hot Cheese Panini Roast Potatoes Vegetable Sticks	Hot Filled Bacon Bap Tortilla Chips Vegetable Sticks	Hot Fish Finger Bap Chips Vegetable Sticks
DESSERTS	Choose One of Our Fabulous Desserts Apple & Winter Berry Crumble Fruity Jelly	Choose One of Our Fabulous Desserts Vanilla & Chocolate Marble Cake Fruit Yoghurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Oat Cookie Raisins Fruity Jelly	Choose One of Our Fabulous Desserts Caramel Mousse with Bananas Fruit Yoghurt & Coulis	Choose One of Our Fabulous Desserts Vanilla Ice-cream & Fruit Sauce Fruity Jelly

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Mixed Berry Compote

Fruity Jelly

Fresh Fruit Pot

WEEK 2 MENU

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Parmigiano Chicken Melt served with Baked Wedges, Peas & Sweetcorn	Greek Style Chicken Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks	Pork Sausage served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops	Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables	Greek Style Vegetable Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks	Quorn Sausage Roast served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Fishless Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
HOT MARKET · SANDWICH ·	Hot Sausage Muffin Herby Diced potatoes Vegetable Sticks	Hot Filled Bagels Ham & Cheese Jacket Wedges Vegetable Sticks	Hot Cheese Panini Roast Potatoes Vegetable Sticks	Hot Filled Bacon Bap Tortilla Chips Vegetable Sticks	Hot Fish Finger Bap Chips Vegetable Sticks
DESSERTS	Choose One of Our Fabulous Desserts Strawberry Mousse with	Choose One of Our Fabulous Desserts Jam Roly Poly & Custard Fruit Vocabust & Coulis	Choose One of Our Fabulous Desserts Sticky Pineapple Cake	Choose One of Our Fabulous Desserts Lemon Tart	Choose One of Our Fabulous Desserts Chocolate Brownie

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Fruity Jelly

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Fruit Yoghurt & Coulis

Fresh Fruit Pot

Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Meat Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn	Sausage Roll served with Potatoes Wedges & Crunchy Veg Sticks	Roast Gammon served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Beef Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables	Chicken Burger served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Margherita Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn	Crispy Vegetable Bite Baguette served with Selection of Sauces Potatoes Wedges & Crunchy Veg Sticks	Roast Lentil Bake served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Plant Based Bolognes served with Spaghett Wholemeal Garlic & Herb bread, Seasona Vegetables	i, served with Chips, Garden Peas or
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks		Choice of Ham, Cheese r Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
HOT MARKET · SANDWICH ·	Hot Sausage Muffin Herby Diced potatoes Vegetable Sticks	Hot Filled Bagels Ham & Cheese Jacket Wedges Vegetable Sticks	Hot Cheese Panini Roast Potatoes Vegetable Sticks	Hot Filled Bacon Bap Tortilla Chips Vegetable Sticks	Hot Fish Finger Bap Chips Vegetable Sticks
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle Cookie	Choose One of Our Fabulous Desserts Syrup Sponge	Choose One of Our Fabulous Desserts Chocolate Mousse with	Choose One of Our Fabulous Desserts Carrot Cake	Choose One of Our Fabulous Desserts Victoria Sponge

Orange Wedge

Fruity Jelly

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Fruit Yoghurt & Coulis

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