

WIC: 19th Feb, 11th March, 15 April, 6 May, 3 Jun, 24 Jun, 15 Jul

week: 01

Stir.

MONDAY

CHICKEN FAJITAS

Served with
Whole Grain
Rice & Carrots

**SWEET POTATO
CHANA MASALA**

Served with
Whole Grain Rice
& Carrots

JACKET POTATO

with Cheese or
Baked Beans

**Hot Packed Lunch
Bacon Bap & Ketchup**

Served with Fruit or Dessert

OATIE COOKIE

TUESDAY

**BEEF & LENTIL
BOLOGNAISE**

Served with
Homemade Rainbow Slaw

**BROCCOLI, NEW
POTATO & SPINACH
FRITTATA**

Served with
Mixed Salad

**PENNE PASTA WITH
TOMATO SAUCE**

**Hot Packed Lunch
Ham & Cheese Panini**

Served with Fruit or Dessert

**JELLY & FRUIT
SLICES**

WEDNESDAY

ROAST TURKEY

Served with
Crispy Roasties,
Peas & Sweetcorn

**REALLY CHEESEY
CAULIFLOWER**

Served with
Crispy Roasties,
Peas & Sweetcorn

JACKET POTATO

with Cheese or
Baked Beans

**Hot Packed Lunch
French Bread Pizza**

Served with Fruit or Dessert

**CHOCOLATE OAT
CAKE**

THURSDAY

**HOMEMADE PIZZA
MARGHERITA**

Served with
Roasted
Garlic Broccoli

**SQUASH & CHICKPEA
TAGINE**

Served with
Couscous & Roasted
Garlic Broccoli

**PENNE PASTA WITH
TOMATO SAUCE**

**Hot Packed Lunch
Sausage Bap**

Served with Fruit or Dessert

**PINEAPPLE UPSIDE
DOWN TRAYBAKE**

FRIDAY

**GOLDEN FISH
FINGERS**

Served with
Chips &
Sweetcorn

VEGGIE FINGERS

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

**Hot Packed Lunch
Fish Finger Sandwich**

Served with Fruit or Dessert

**FRUIT SALAD
BOWLS**

½ Baguettes with Cheese, Tuna & Ham a Available daily.
Served with Salad and Fresh fruit or Dessert.

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

www.stirfood.co.uk

W/C: 26 Feb, 18 Mar, 22 Apr, 13 May, 10 Jun, 1 Jul, 22 Jul

week: 02

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PIRI PIRI CHICKEN

Served with
Wholegrain Rice &
Broccoli

**HOMEMADE PIZZA
MARGHERITA**

Served with
Homemade Coleslaw
& Green Salad

ROAST CHICKEN

Served with
Crispy Roasties,
Carrots & Sweetcorn

**CHICKEN CHOW
MEIN**

Served with
Egg Noodles &
Green Beans

**GOLDEN FISH
FINGERS**

Served with
Chips &
Baked Beans

**FIVE BEAN
VEGETARIAN CHILLI**

Served with
Wholegrain Rice &
Broccoli

**SPRING VEGETABLE
TART**

Served with
Homemade Coleslaw
& Green Salad

**SUMMER VEGETABLE
BEAN CASSEROLE**

Served with Mashed
Potatoes, Peas & Carrots

**CREAMY COURGETTE
LASAGNE**

Served with
Mixed Salad

**VEGETABLE
FINGERS**

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

**PENNE PASTA WITH
TOMATO SAUCE**

JACKET POTATO

with Cheese or
Baked Beans

**PENNE PASTA WITH
TOMATO SAUCE**

JACKET POTATO

with Cheese or
Baked Beans

½ Baguettes with Cheese, Tuna & Ham a Available daily.
Served with Salad and Fresh fruit or Dessert.

**Hot Packed Lunch
Bacon Bap & Ketchup**

Served with Fruit or
Dessert

**Hot Packed Lunch
Ham & Cheese Panini**

Served with Fruit or Dessert

**Hot Packed Lunch
French Bread Pizza**

Served with Fruit or Dessert

**Hot Packed Lunch
Sausage Bap**

Served with Fruit or Dessert

**Hot Packed Lunch
Fish Finger Sandwich**

Served with Fruit or Dessert

**PANCAKES & FRUIT
SAUCE**

**RICE KRISPIE
CAKE**

FRUIT BOWLS

**APPLE & CINNAMON
SLICE**

**SHORTBREAD
BISCUITS**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

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WIC: 4 Mar, 25 Mar, 29 Apr, 20 May, 17 Jun, 8 Jul

week: 03

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GARLIC CHICKEN

Served with
Penne Pasta
& Green Beans

BEEF CON CARNE

Served with
Wholegrain Rice and
Mixed Salad

ROAST CHICKEN

Served with
Crispy Roasties,
Carrots & Sweetcorn

**HOMEMADE PIZZA
MARGHERITA**

Served with
Rustic Italian Potato Salad

**GOLDEN FISH
FINGERS**

(Salmon or Pollock)
Served with Chips &
Garden Peas

**MAC N CHEESE
WITH A CRISPY
CRUMB TOPPING**

Served with
Green Beans

**HOMEMADE PIZZA
ROLLS**

Served with
Mixed Salad

**SUPER VEGGIE
PASTRY PIE**

Served with
Crispy Roasties,
Carrots & Sweetcorn

**GOAN CAULIFLOWER &
GREEN BEAN CURRY**

Served with
Whole Grain Rice
& Broccoli

**VEGETABLE
HOT DOGS**

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

**PENNE PASTA WITH
TOMATO SAUCE**

JACKET POTATO

with Cheese or
Baked Beans

**PENNE PASTA WITH
TOMATO SAUCE**

JACKET POTATO

with Cheese or
Baked Beans

½ Baguettes with Cheese, Tuna & Ham a Available daily.
Served with Salad and Fresh fruit or Dessert.

**Hot Packed Lunch
Bacon Bap & Ketchup**

Served with Fruit or Dessert

**Hot Packed Lunch
Ham & Cheese Panini**

Served with Fruit or Dessert

**Hot Packed Lunch
French Bread Pizza**

Served with Fruit or Dessert

**Hot Packed Lunch
Sausage Bap**

Served with Fruit or Dessert

**Hot Packed Lunch
Fish Finger Sandwich**

Served with Fruit or Dessert

MELON SELECTION

SPRINKLE CAKE

CORNFLAKE TART

**VANILLA
ICE CREAM CUP**

**GINGERBREAD
COOKIES**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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